bluebird
HOLISTIC THERAPY

Sliding Scale Fee Worksheet

Standard full fee: **$300 per session**. We offer a limited number of sliding scale spots for clients experiencing financial hardship. This worksheet is used to determine an appropriate reduced fee based on household income and size.

Fee Tier Reference Table

Tier	% of Full Fee	Session Fee	Annual Household Income
Tier 1	100%	**$300**	$200,000+
Tier 2	90%	**$270**	$160,000 – $199,999
Tier 3	82%	**$245**	$140,000 – $159,999
Tier 4	73%	**$220**	$120,000 – $139,999
Tier 5	65%	**$195**	$100,000 – $119,999
Tier 6	57%	**$170**	$80,000 – $99,999
Tier 7	48%	**$145**	$60,000 – $79,999
Tier 8	40%	**$120**	Below $60,000

Note: Income ranges refer to gross annual household income.

Financial Hardship Considerations

Check any that apply and note details as relevant:

☐ Recent job loss or reduction in income

☐ Significant medical expenses

☐ Single-income household with dependents

☐ Student, trainee, or early-career professional

☐ Uninsured or underinsured for mental health care

☐ Other financial hardship (describe below)

Fee Determination

Assigned tier: _____ Approved session fee: $_____

Effective date of this fee:

Scheduled review date (recommended every 6 months, or upon change in circumstances):

Agreement

This sliding scale fee is granted based on the financial information provided above and is subject to review. The client agrees to notify Bluebird Therapy of any significant change in financial circumstances that may affect fee eligibility. Sliding scale arrangements are offered at the discretion of the therapist based on current availability of reduced-fee openings.

Client Signature / Date:

Therapist Signature / Date:
